



## From the Principal's Desk

As we step in to a new month, I'd like to reflect on the transformative power of positivity and growth. At Ryan Education School, we firmly believe that a positive mindset is the catalyst for unlocking our full potential. As Theodore Roosevelt once said, "Believe you can and you're halfway there." This mindset enables us to approach challenges with confidence, resilience, and determination.

Cultivating a growth mindset allows us to view obstacles as opportunities for growth and learning. Every experience, whether it's a success or a setback, teaches us valuable lessons that shape our character and abilities. As Nelson Mandela so eloquently put it, "The greatest glory in living lies not in never falling, but in rising every time we fall." Let's encourage our students to be resilient, to learn from their mistakes, and to keep pushing forward with courage and determination.

Practicing gratitude, kindness, and self-care is essential for maintaining a positive mindset. Let's focus on spreading positivity and supporting one another in our journey towards excellence.

To our parents, thank you for being role models of positivity and resilience. Your support and encouragement play a vital role in shaping your child's mindset and attitude towards learning. We're grateful for your partnership and look forward to working together to make this month remarkable.

Let's strive to learn, adapt, and evolve, embracing every opportunity with enthusiasm and optimism. As Rumi so beautifully said, "The wound is the place where the light enters you." Let's welcome challenges as opportunities for growth and emerge stronger, wiser, and more compassionate.

**- Dr. Baharul Islam,  
Principal, RES Jaipur**

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Ms. Shikha Bhatnagar - Coordinator

Ms. Mona Sharma - Primary Teacher

Ms. Monica Saxena - Computer Teacher

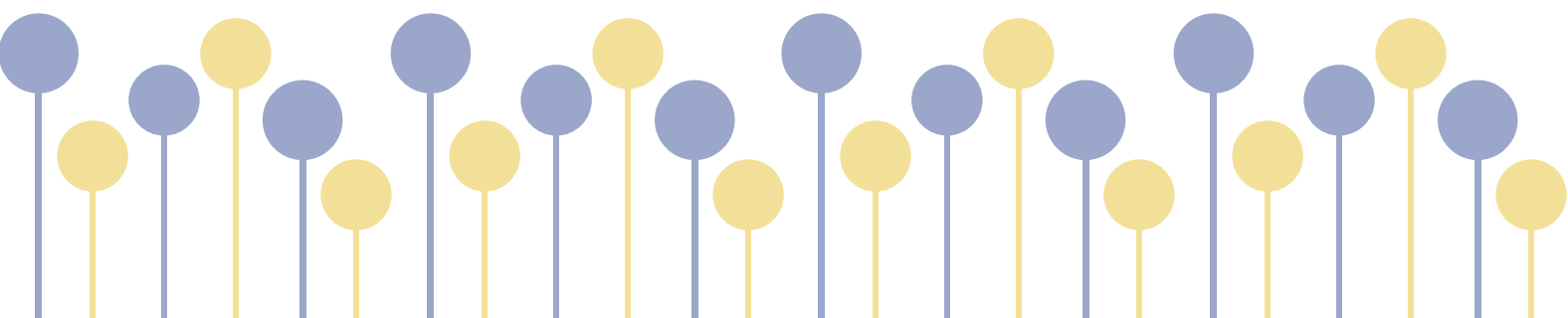


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### Quote of the month

*“Anyone who has never made  
a mistake has never tried  
anything new”*

*- Albert Einstein*



## ARTICLE FROM COORDINATOR



Good health is crucial for students as it directly impacts their academic performance, cognitive function, and overall well-being. Here are some key reasons why health is important in a student's life:

### Physical Health Benefits:

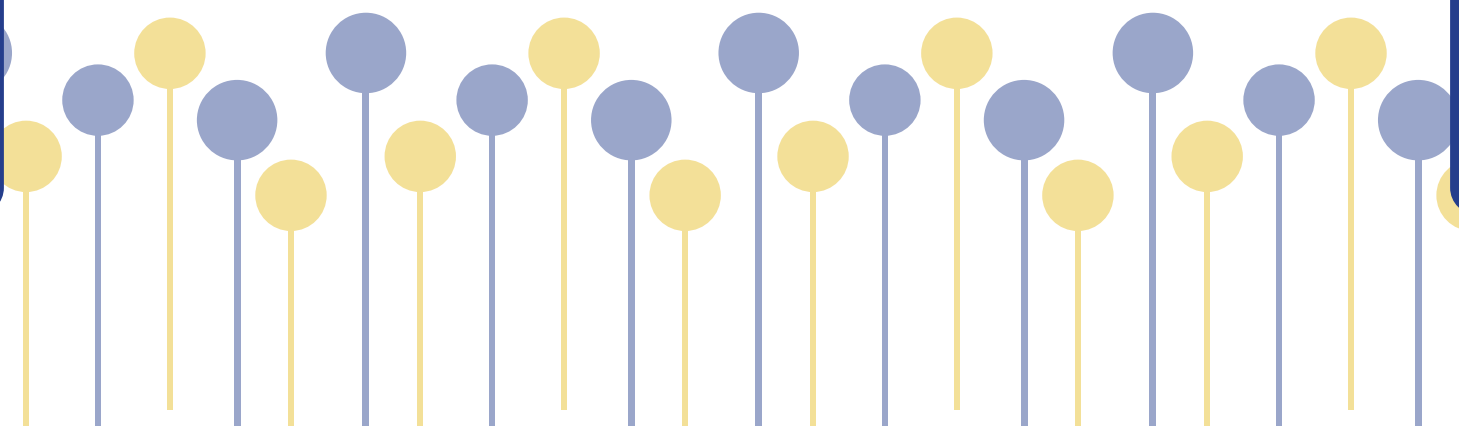
- 1. Improved concentration:** A healthy body supports better focus and attention in class.
- 2. Boosts energy levels:** Regular physical activity and balanced nutrition enhance energy levels, reducing fatigue.
- 3. Supports growth and development:** Adequate nutrition, exercise, and sleep promote healthy growth and development.

### Mental Health Benefits:

- 1. Reduces stress and anxiety:** Regular exercise, mindfulness, and social connections help manage stress.
- 2. Improves mood:** Physical activity releases endorphins, which enhance mood and reduce symptoms of depression.

By prioritizing health, students can optimize their academic performance, improve their mental and physical well-being, and set themselves up for long-term success.

- **Ms. Shikha Bhatnagar,**  
**Coordinator**



# CLASS ACTIVITIES

## First Day of the School

On **30th June**, our **Pre-primary students at Ryan Education School** were warmly welcomed back to school with a **vibrant Back to School celebration!**

The event was filled with **friendship, fun, and fresh beginnings** as children dived into activities that sparked **creativity, laughter, and learning**. The joyful celebration made the **transition back to school exciting and memorable** for our little learners.



## Doctor's Day - Pre-primary

On 1st July, our Pre-primary students celebrated Doctor's Day, stepping into the shoes of tiny doctors for a fun-filled learning experience!

Through this engaging activity, children explored the world of medicine, learning about the importance of healthcare and developing empathy and appreciation for doctors and medical professionals.



## Family Word Activity Prep II

On 7th July, our enthusiastic Prep II 'A' students enjoyed a fun-filled 'A' Family Word Activity!

The little learners explored words starting with the letter 'A', enhancing their vocabulary, pronunciation, and language skills. The activity made learning letters engaging, interactive, and enjoyable for the children.





## ACTIVITIES

### Color Madness Activity - Prep II

On 7th July, our energetic Prep II 'A' students had a fantastic time participating in the "Colour Madness" activity!

The little artists explored a vibrant world of colors, expressing their creativity and imagination through various art forms. The activity encouraged self-expression, fine motor skills, and a love for colors, making learning both fun and artistic.



### Green Plate Activity - PG and Pre-primary Wing

As part of our interactive and healthy eating initiative, we conducted the Green Plate Activity in our pre-primary class. The teacher showcased a variety of green-coloured foods such as spinach, green grapes, guava, cucumber, and peas. Children were encouraged to touch, observe, and name the green fruits and vegetables, enhancing their sensory development and vocabulary.

This engaging activity introduced students to the concept of healthy eating habits at an early age, aligning with the NEP 2020 goals of experiential learning, health awareness, and foundational literacy and numeracy (FLN).

Children participated with excitement and joy, reinforcing their learning through observation, discussion, and joyful exploration.



## CLASS ACTIVITIES

### Handwash Activity Pre-primary

Our enthusiastic **Pre-primary** students participated in a **fun and interactive Hand Wash Activity!**

The teacher demonstrated the **correct steps of handwashing**, and the children eagerly followed along, learning the importance of **keeping hands clean to stay healthy**.

This engaging activity supports the **NEP 2020 focus on health, hygiene, and experiential learning** in the foundational years, helping students develop **healthy habits** from an early age.

### Puppet Show Activity Pre-primary

On **7th July 2025**, our **Pre-primary students** were enchanted by a delightful **puppet show** of *"The Lion and the Mouse"*!

The engaging performance captured their attention and **taught valuable lessons about friendship, kindness, and helping others**.

The activity not only entertained the little ones but also reinforced **moral values in a fun and memorable way**, making learning both enjoyable and meaningful.

### Handprint Activity Playgroup

Our tiny artists from **Playgroup** had a delightful time participating in the **Handprint Activity!**





## CLASS ACTIVITIES

With colourful paints and their little hands, the children created **vibrant handprint art**, exploring **colors, textures, and shapes** while expressing their creativity. The activity was not only fun but also helped develop **fine motor skills, hand-eye coordination, and sensory awareness**.

### Before and After Number Activity - Prep II

Our enthusiastic **Prep II 'A'** students of **Ryan Education School** actively participated in the **Before and After Numbers Activity!**

Through this fun-filled exercise, children practiced identifying the numbers that come **before and after**, which helped them strengthen their understanding of **number sequencing and early math skills**.

The activity not only made learning engaging but also boosted their **confidence, logical thinking, and numerical awareness** in a playful way.

### Rainbow Making Activity Prep II

Our cheerful Prep II 'A' students experienced pure delight as they created their very own rainbows in a fun-filled activity!

With brushes and colours in hand, the little ones explored the magic of blending hues while expressing their creativity and imagination. Their bright smiles lit up the room, making the activity a truly joyful celebration of colors, learning, and fun.



## CLASS ACTIVITIES

### Pencil Shaving Activity Prep II 'A'

Our little artists from **Prep II 'A'** had a fun-filled time exploring their creativity through **Pencil Shaving Art**. With immense excitement, their tiny hands transformed simple pencil shavings into **beautiful and colourful designs**.

The activity not only sparked their imagination but also enhanced their **fine motor skills, creativity, and love for art**. It was truly a joy to watch the little ones turn everyday classroom material into delightful masterpieces.



### Number Fun With Beads Activity - Nursery

Our little learners joyfully explored numbers **1 to 3** through an engaging, hands-on activity. Using colorful number flashcards, the children responded by:

- Showing the correct number of fingers
- Picking the same number of beads and placing them carefully on the number tray

**For example:**

- If the flashcard showed 1, the child displayed 1 finger and placed 1 bead.

This simple yet effective activity strengthened their skills in:

- **Number recognition**
- **One-to-one correspondence**
- **Counting and matching**
- **Fine motor development**

The excitement and smiles on their faces while counting and placing the beads made learning truly delightful!





## CLASS ACTIVITIES

### Star of The Week

Star of the week is an initiative to make every child feel special and celebrate his uniqueness. Every week, a student is designated as "Star of the Week". The student's parents visit the class and interact with other students of the class. They share information and anecdotes about their child and hear about their child from his classmates. Apart from creating healthy self-esteem, this activity also facilitates a strong home-school partnership.

**Stars of the week of April and May months are:**

Dhriti Sharma - Prep I, Zonera Hussain - Prep II 'A', Aadesh Bhardwaj - Nursery, Aaral - Prep II 'B', Jaivardhan - Prep II 'A', Aaradhaya Bajdoliya - Prep I, Advita Gautam - Prep II 'B'



## SCHOOL ACTIVITIES

### Spark Fun Fitness

The session included a variety of **physical activities, games, and exercises** designed to promote **teamwork, coordination, and gross motor skills**. The children thoroughly enjoyed moving, playing, and learning in a fun-filled environment, leaving everyone with **big smiles and boundless energy**.

This activity not only encouraged **healthy physical development** but also instilled the joy of **active learning through play**.



# CELEBRATIONS

## Green Colour Day Celebration - Pre-primary

On 8th July, our cheerful Pre-primary students celebrated Green Day with great enthusiasm!

The day was filled with exciting activities such as green-themed crafts, nature walks, and fun games. Through these engaging experiences, the little ones not only had a wonderful time but also learned about the importance of green plants, nature, and caring for the environment.

The celebration beautifully combined fun with learning, leaving the children with smiles on their faces and awareness in their hearts.



## Blue Colour Day Celebration - Pre-primary

On **10th July**, our cheerful **Pre-primary students** had a delightful time celebrating **Blue Colour Day!**

The little ones participated in a variety of **fun-filled activities**, created **blue-themed crafts**, and proudly wore their **favourite blue outfits**.

The celebration was a wonderful way to **introduce children to the world of colours**, spark their **creativity**, and make learning a **joyful experience**.





# COMPETITION

## Hindi Recitation Competition - Pre-primary

On **23rd July 2025**, our little stars from the Pre-Primary section lit up the stage with their **confidence, expression, and love for the Hindi language** through a vibrant Hindi Recitation Competition.

From cheerful rhymes to expressive performances enhanced with creative props, our young learners truly stole the show and won everyone's hearts.

It was a delightful experience to witness their **stage presence, creativity, and blossoming language skills** at such a young age. The event not only nurtured their love for Hindi but also boosted their confidence to perform in front of an audience.





**Winners are:**

<b>Student Name</b>	<b>Grade</b>	<b>Position</b>
Daksh Chahar, Ravi Garg	Nursery	1st
Alfia, Anshika Kumavat		2nd
Muhammad Sirajuddin, Aadesh Bhardwaj		3rd
Rutvik Verma	Prep I	1st
Harshiv Bisht, Arshnoor Singh		2nd
Aadhvik Joshi, Ditya Sethi		3rd
Atiksha Bhatit	Prep II 'A'	1st
Devjeet Bhatnagar		2nd
Yug Mathur, Nishtha lalawani		3rd
Gavya Jain	Prep II 'B'	1st
Pranicka Kackar, Rehansh Mathur		2nd
Krishnav Sharma, Vanshika Sharma		3rd



## Building Students Confidence and Motivation

Building student confidence and motivation is crucial for their academic success and overall development. Here are some strategies that can help:

### Building Confidence:

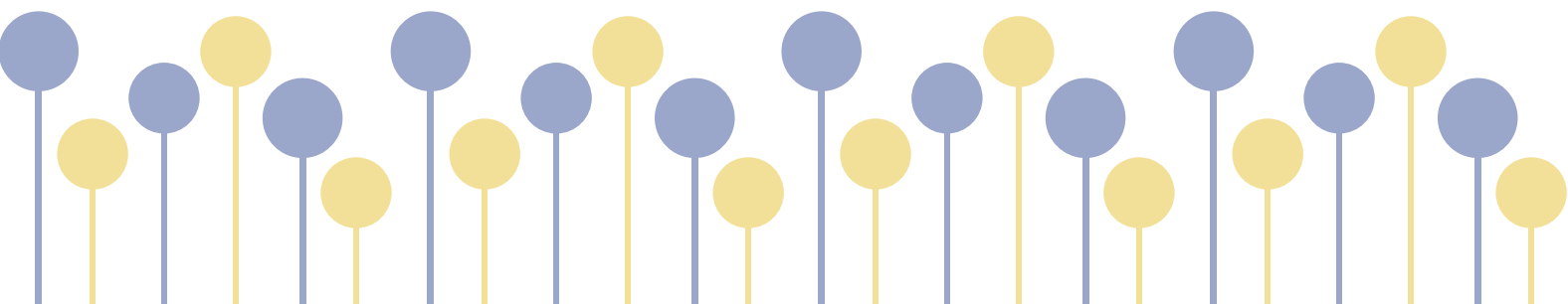
- 1. Positive Feedback:** Provide specific, genuine, and timely feedback that acknowledges students' efforts and progress.
- 2. Celebrate Small Wins:** Recognize and celebrate small achievements, which can help build momentum and confidence.
- 3. Encourage Self-Reflection:** Help students reflect on their strengths, weaknesses, and progress, promoting self-awareness and confidence.
- 4. Provide Opportunities for Success:** Offer tasks and activities that are challenging yet achievable, allowing students to experience success and build confidence.
- 5. Foster a Growth Mindset:** Encourage students to view challenges as opportunities for growth and development, rather than threats to their ego.



### **Building Motivation:**

- 1. Set Clear Goals:** Help students set achievable goals and develop a plan to achieve them.
- 2. Make Learning Relevant:** Connect academic content to real-life situations, making it more meaningful and interesting.
- 3. Provide Choices:** Offer choices and autonomy, allowing students to take ownership of their learning.
- 4. Use Positive Language:** Use positive and encouraging language to motivate students and promote a growth mindset.
- 5. Recognize Effort:** Acknowledge and reward effort, persistence, and progress, rather than just focusing on grades.

**- Ms. Pooja Zutshi,  
Mother Teacher of Prep I 'A'**







## PARENT'S CORNER

### 1. Storytelling-Based Learning

**Use Stories & Characters:** Teach math through a story about animals sharing fruits, or history through a “time-traveling” character.

**Interactive Story Maps:** Students draw or act out parts of the story to remember concepts.

### 2. Play & Gamification

**Learning Games:** Turn lessons into treasure hunts, board games, or “math bingo.”

**Role-Play & Drama:** Children act out shopkeepers, scientists, or explorers while practicing language and problem-solving.

**Classroom Challenges:** Simple rewards like stickers, stars, or “super student of the day.”

### 3. Hands-On, Experiential Learning

**Manipulatives & Crafts:** Use blocks, beads, or origami for math and geometry.

**Art Integration:** Draw plant parts, make puppets for storytelling, or build 3D models.

**Simple Experiments:** Floating/sinking, mixing colors, planting seeds — directly connecting science to their world.

### 4. Connecting to Daily Life

**Math in the Market:** Practice addition/subtraction with toy currency and shopping role-play.



## PARENT'S CORNER

**Environmental Awareness:** Collect leaves, stones, or recyclable items for projects.

**Local Culture:** Songs, folk tales, or festivals to explain traditions and values.

### 5. Movement & Kinesthetic Learning

**Learning Corners:** Stations around the class (reading corner, puzzle corner, experiment corner).

**Action Songs & Rhymes:** Teach counting, alphabets, or science cycles through movement.

**Outdoor Learning:** Nature walks, measuring objects in the playground, or observing shadows.

### 6. Technology & Visuals

**Animated Videos & AR Apps:** Short, colorful videos to spark curiosity.

**Digital Drawing Boards:** Children draw letters, numbers, or ideas.

**Interactive Whiteboard Games:** Matching, sorting, or drag-and-drop exercises.

### 7. Student Voice & Choice

**Choice Boards:** Options like “Draw it,” “Sing it,” or “Build it” to explain what they learned.

**Peer Sharing:** “Show and Tell” to connect lessons with their home experiences.

**Mini Projects:** For example, “My Favorite Fruit Chart” (math + art + health).

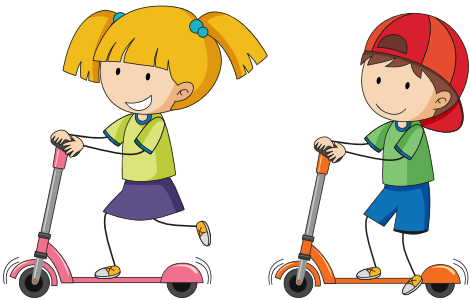


## PARENT'S CORNER

**Teacher Tip:** At the primary level, each lesson should have:

- A fun hook (song, story, or question)
- An activity (hands-on or movement-based)
- A reflection (drawing, sharing, or simple journaling)

- Ms. Neha Kumari,  
Mother of Vaani Kumari - Prep I 'A'



## Upcoming Events

- Janmashtami Celebration
- Fancy Dress Competition
- Green Color Day-Let's make our Earth Green + Plantation Activity
- Tirangaa 2025 - Inter-School Competition

